



COACHING READINESS ASSESSMENT

For each section of the wheel, circle the number that best represents your current level of satisfaction in that area. The higher the number, the more satisfaction you feel. Connect all of the circles you have filled in. If you would be comfortable riding on that wheel, and it is large enough for your life, then you may not want to consider hiring a coach. If, however, your wheel is out of balance, or so small that it is difficult to support the kind of life you desire, then coaching will help you to set goals for all areas of your life, and support you in reaching them! To contact us for a complimentary, no obligation session, we invite you to [click here](#).